



## NEVER TOO LATE TO START AGAIN

Thanks to your support, Irene could attend a Wise Choices For Life training program. It gave her a new sense of direction and she realised it's never too late to change. Her children are now back at school and she has reconciled with her husband.

'Life was bad,' Irene says. 'I was emotional and lonely, and I did what I felt like, without thinking and caring.'

It was a lifestyle that led to lack of care, both for her children and for Irene herself. Her marriage broke down and her children dropped out of school.

What was needed was support to make informed decisions, to restore family relationships and secure schooling for her children.

Through her church, Irene heard about Wise Choices For Life. Initially, she was reluctant to attend, but decided to give it a chance. **The training was made possible thanks to your support, and it changed Irene's life forever.**

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Thanks to your support, Irene's life was radically transformed.

**'To see families where every child is born into caring, healthy and loving families'**

Through the training, Irene gained valuable skills and insights. She reflected on past choices and overcame feelings of regret. The training helped Irene realise that it is never too late to change and make better decisions for her future.

## ‘I found peace in my heart and started working on myself, and helping others.’

Irene learned to embrace hope, self-worth, and positive decision-making rather than waiting passively for change.

The training you helped provide, gave her a renewed sense of confidence and direction. It enabled her to face life’s challenges with an empowered mindset.

‘I felt good,’ Irene explains. ‘I found peace in my heart and started working on myself, and helping others. I can tell you that all my friends and other women who have got the Wise Choices For Life training are so different.’

**Irene’s children are now back at school, and she has reconciled with her husband. This would not have happened without your support. Thank you!**



## CAN YOU HELP?

As with the story of Irene, Wise Choices for Life works to create sustainable change. Not just in one person’s life, but change that spans generations.

Our local teachers and partners in Uganda work tirelessly to break negative patterns of maternal mortality. **But they need your help!**

With your support they can reach many more communities with reproductive health literacy. **Through your gift, the vision of seeing every child born into a caring, healthy, and loving family can become a reality.**

**Donate here**



# PROJECT GOAL UPDATE

**Current goal: Wise Choices For Life aims to empower 11,666 participants toward greater self-reliance and social dignity for the period July 2025 to June 2026. The statistics below come from the latest six-monthly report.**

## Schools

20 schools conducted fortnightly trainings, reaching 3,139 students. Training that contributed to decreased pregnancy rates.

## Teenage mothers

117 teenage and young mothers reported increased assertiveness, enabling them to resist peer pressure and prevent the repeat of unplanned pregnancies.

## Prisons

393 inmates across six prisons and 106 juveniles in remand homes received training and were equipped with decision-making skills needed to avoid crime and risky sexual behaviours.

## Child marriage

105 influential stakeholders, including church, clan, and local council leaders, transitioned from passive enablers to active safeguarding

advocates, specifically pledging to end child marriage.

## Men's and boys' groups

20 Men's and 10 Boys' Groups were established. Participants reported a shift from patriarchal household heads to active providers and protectors.

Participants stated that they now understand that they have a **responsibility to support and protect their female counterparts.**

## Economic empowerment

160 people living with HIV and 140 people with disabilities used village savings and loan association training to transition from financial dependency to active self-support.

This allowed them to afford essential health services and nutrition.



Country director Joyce,  
with Mercy and Victor.

**‘Our Primary School used to have about seven pregnancies annually but they had none in this reporting period.’**

**Local School Teacher**



Buy Marg's book here



# WISE CHOICES FOR LIFE - THE ORIGIN STORY

Did you know, that you can now read about how Wise Choices For Life started? The book 'The Midwife, the Plumber, and the Bishop' chronicles the journey through the words of its founder, Marg Docking.

Narrated prior to her passing and lovingly edited and produced by her sister Ruth, the book provides wonderful insights into the ability to create a better world.

Follow the journey of Marg from her time working in Indigenous Australian communities to discovering her passion for Uganda and responding to the urgent need for health education.

The book retails for \$35 and the proceeds goes directly back to Wise Choices For Life and their important work.

## Would you like to book a visit from Marg's sisters?

Marg Docking, founder of Wise Choices For Life, passed away in 2021, shortly after she had finished the manuscript for her book. Today, Marg's sisters Ruth Close and Colleen Houghton travel to churches, bookstores, or other local venues to share the story of their sister and her incredible work in Uganda.

Recently, Ruth and Colleen visited Koonung Heights Uniting Church, in Melbourne. They told stories of the making of the book, shared exciting statistics and information about how the work has continued since Marg's passing, and answered questions from the audience.

If you are interested in booking a visit from Ruth and Colleen, please don't hesitate to reach out to Ruth Close via email: [ruth174@yahoo.com](mailto:ruth174@yahoo.com)



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[wisechoicesforlife.org](http://wisechoicesforlife.org)



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