



# WISE CHOICES FOR LIFE

## UTERUS KNITTING PATTERN

**Wool:** Knit in either 5 ply or 8ply

**Colour:** Body of uterus—"Little Grins" PNKBLN x 2  
(Colour: 01102810)  
Cervix—Thoroughbred x1  
(Colour: 2018)

**Needles:** 5 ply wool—Size 3.25mm (10) & 3.75mm (9)  
8 ply wool—Size 3.32mm (10) & 4mm (8)



### 8ply Instructions

- ◆ Using 3.25 needles and darker wool, cast on 20 stitches. Knit one row.
- ◆ Knitting in garter stitch (every row plain) increase each end of every row until up to 42 stitches.
- ◆ Change to 4mm needles and knit stocking stitch (1 row plain, 1 row purl) until total length measures 25 cm (10") ending with a knit row.
- ◆ Next row (purl): Purl 2, [purl 2 together, purl 5] 5 times, purl 2 together purl 3. (Now you should have 36 stitches.)
- ◆ Change to lighter coloured wool and 3.25 needles. Rib (single or double) for 15cm (6"). Cast off loosely in rib.
- ◆ Now knit another one for other side, and sew sides together

Please send knitted uterus' to:

Wise Choices for Life,  
1/5 Laurence Grove, Ringwood East, VIC 3135





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"Empowering communities to break the poverty cycle"

# Small Uterus Knitting Pattern

**Wool:** 4 ply

**Colour:** Dark pink

Light pink

**Needles:** Size 2.75mm (12); 3.25mm (10)

## Instructions

- ◆ Using 2.75 needles and dark pink wool cast on 10 stiches, Knit 1 row
- ◆ Knitting in garter stich (every row plain) increase each end of every row till 20 stiches
- ◆ Change to 3.25 needles and knit stocking stich (1 row plain, 1 row purl) for 21 rows
- ◆ Next row: (purl) Purl 2 together, P1, P2 tog, P1, etc to end – total 13 stiches left
- ◆ Change to light pink and 2.75 needles, Knit 1 row
- ◆ Next row: (purl) Purl 1, Knit 1, etc to end
- ◆ Next row: (plain) K1, P1, K1, etc to end
- ◆ Continue last 2 rows in rib for 20 rows, cast off loosely in rib.
- ◆ Repeat pattern for 2<sup>nd</sup> side and sew 2 pieces together completely, leaving open the ribbed end in pale pink that has been cast off loosely.

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# Large Uterus Knitting Pattern

"Empowering communities to break the poverty cycle"

- Wool:** Knit in either 5 ply or 8ply
- Colour:** Body of uterus—"Little Grins" PNKBLN x 2  
(Colour: 01102810)  
Cervix—Thoroughbred x1  
(Colour: 2018)
- Needles:** 5 ply wool—Size 3.25mm (10) & 3.75mm (9)  
8 ply wool—Size 3.32mm (10) & 4mm (8)



## 8ply Instructions

- ◆ Using 3.25 needles and darker wool, cast on 20 stitches. Knit one row.
- ◆ Knitting in garter stitch (every row plain) increase each end of every row until up to 42 stitches.
- ◆ Change to 4mm needles and knit stocking stitch (1 row plain, 1 row purl) until total length measures 25 cm (10") ending with a knit row.
- ◆ Next row (purl): Purl 2, [purl 2 together, purl 5] 5 times, purl 2 together purl 3. (Now you should have 36 stitches.)
- ◆ Change to lighter coloured wool and 3.25 needles. Rib (single or double) for 15cm (6"). Cast off loosely in rib.
- ◆ Now knit another one for other side, and sew sides and top together

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## **Mini Uterus Knitting Pattern**

**Wool:** 4 ply Dark and Light Pink

**Needles:** Size 2.75mm (12); Size 3.25mm (10)

### **Instructions:**

Using 2.75 needles and dark pink wool cast on 10 stitches, Knit 1 row  
Knitting in garter stitch (every row plain) increase each end of every row  
till 20 stitches

Change to 3.25 needles and knit stocking stitch (1 row plain, 1 row purl)  
for 21 rows

Next row: (purl) Purl 2 together, P1, P2 tog, P1, etc to end – total 13  
stitches left

Change to light pink and 2.75 needles, Knit 1 row

Next row: (purl) Purl 1, Knit 1, etc to end

Next row: (plain) K1, P1, K1, etc to end

Continue last 2 rows in rib for 20 rows, cast off loosely in rib.

Repeat pattern for 2<sup>nd</sup> side and sew 2 pieces together.